Is the glass half-full or half-empty?

Working from home and its impact on household relations and well-being

It is now the mid of June. Most home-workers are still at home, with most organisations planning no return at least until the end of the summer. It is also just 10 days since we started collecting data on home-workers’ experiences through our summer survey on working@home under COVID19 measures.

The first (nearly) 400 respondents to our survey report on their working space, support from their employer, household relations and their wellbeing, amongst others. Here is what they say:

**Home working space**

- 23% Sharing
- 77% Not sharing

**Home working space**

One in three of our respondents (34%) share their home working space

With nearly a third sharing working spaces, it is no surprise that household conflict has increased during the lockdown.

**Household conflicts**

Over a third of our respondents (37%) report that household conflicts have increased

- Strongly agree/agree: 37%
- Uncertain: 50%
- Strongly disagree/disagree: 13%
Most cited reasons for household conflicts are being noisy and interrupting while they work, followed by home schooling and screen time (children), and helping in the house.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Interrupting or being noisy while you work</td>
<td>41%</td>
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<tr>
<td>homework/home schooling (children)</td>
<td>16%</td>
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<tr>
<td>helping in the house</td>
<td>16%</td>
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<tr>
<td>amount of screen time (children)</td>
<td>12%</td>
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<tr>
<td>Behaviour</td>
<td>9%</td>
</tr>
<tr>
<td>Other</td>
<td>6%</td>
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Several organisations have approved budgets that staff can spend on home office equipment and furnishing. Others encouraged staff to transfer devices and equipment from the office to their home, right before the lockdown. Yet, still a large majority consider organisational support is only very basic or inadequate.

Employer support
Over half of our respondents (56%) perceive organisational support to adjust their home working environment as only very basic or inadequate.

Based on the short General Health Questionnaire (GHQ-12), people report about how they recently feel in terms of sense of control, stress levels, sense of strain and ability to cope, and sense of happiness.

Wellbeing
Nearly one in four of our respondents report they are doing poorly or very poorly.

With an economic crisis looming, it is not surprising that a majority report insecure about the future of their job.
It is just the second week of collecting survey data. The above results are only preliminary and we are awaiting to see how things for home-workers develop in the remaining of the summer.

If you have still not completed the survey, you are home-working and would like to participate, please follow the link:

https://stir.az1.qualtrics.com/jfe/form/SV_8I7yi4ELgMOPgP

Job security

46% of our respondents feel insecure or uncertain about the future of their job